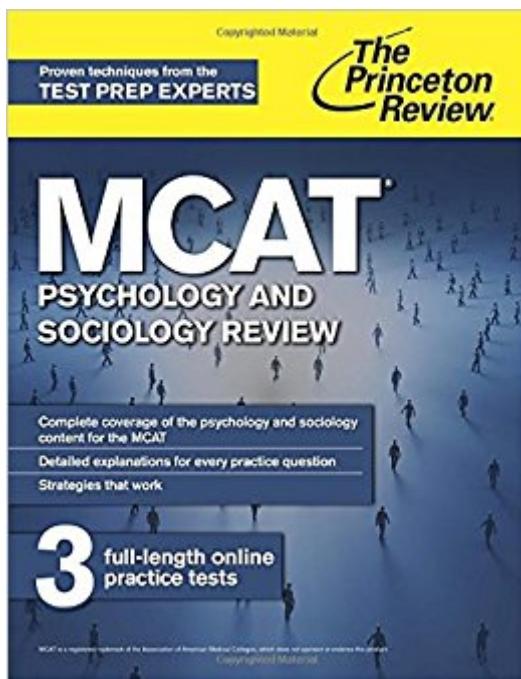


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# MCAT Psychology And Sociology Review: New For MCAT 2015 (Graduate School Test Preparation)



## Synopsis

NEW FOR MCAT 2015! Get everything you need to ace the new Psychological, Social, and Biological Foundations of Behavior section on the updated MCAT exam. The MCAT is being entirely overhauled in 2015 and students planning on taking the test after January 2015 will need to prepare for a longer, tougher exam. The Princeton Review's MCAT PSYCHOLOGY AND SOCIOLOGY REVIEW is designed specifically for those test-takers. It features:

Everything You Need to Know For a High Score:

- Access to our online Student Tools portal for up-to-the-moment information on late-breaking AAMC changes to the exam
- In-depth coverage of the challenging psychology and sociology topics on the brand-new Psychological, Social, and Biological Foundations of Behavior section
- Bulleted chapter summaries for quick review
- Full-color illustrations, diagrams, and tables
- An extensive glossary for handy reference
- Strategic guidance and effective test-taking techniques

More Practice Than Ever:

- 3 full-length practice tests online
- End-of-chapter practice questions
- MCAT-style practice passages

In MCAT PSYCHOLOGY AND SOCIOLOGY REVIEW, you'll gain mastery of topics like:

- MCAT 2015 Basics
- Biological Foundations of Behavior
- Interacting with the Environment
- Personality, Motivation, Attitudes, and Psychological Disorders
- Self-Identity and Group Identity
- Social Structure
- Psychology and Sociology Strategy for the MCAT
- Learning, Memory, and Behavior
- Statistics and Research Methods
- And more!

## Book Information

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## Customer Reviews

I bought this product out of desperation since there aren't many options at the moment for the new MCAT, and my test is in a month. I refused to buy Next Step books since their reviews are suspicious as all hell on here. All of their reviews on here are... questionable (oh gee, nothing but 5\* reviews from people who have reviewed nothing but next step books. What a coincidence). Take that for what you will. What I like about this book: Seems to accurately follow the outline of what's needed for Psych/Soc topics. What I don't like: This book isn't concise or well-written for a review book. It reads more like a textbook. The text is dense dense dense. Nothing is written in an intelligent way to help you learn concepts quickly and efficiently, it's just dumped on you. Lots of filler crap you don't need. The first 2 chapters of this book are just about the MCAT as a whole and have no relation to psychology/sociology. Why? Do they put that in every MCAT book? Redundant and unnecessary, but at least they can claim this book has 8 chapters instead of 6. Also, a paragraph on 'forgetting' in the memory section? Who the bleeping bleep doesn't know what it means to forget something? That could've been one sentence - 'In contrast to memorizing something, we tend to forget information, the decay of a memory until it can't be recalled.' Boom. I guess that would make this book too short and readable. I'm sure this book will teach me what I need to know, I just wish they would've taken the time to write it in a review book sort of way instead of just heavy, dense wording like it has.

The book has all the information, but it lacks clarity. In other words, it is difficult to understand. It reads like a textbook, not a test-prep. Test-prep should be very clear, readable and thus easy to understand. An example of a sentence in the book: "A postsynaptic neuron has many different neurons with synapses leading to it, however, and each of these synapses can release neurotransmitter many times per second." Fortunately, I have a good understanding of the subject, and can thus decipher this mess. What the author is saying, basically, is that many different (presynaptic) neurons activate the dendrites of a particular (post-synaptic) neuron. The post synaptic neuron is activated based on the combination of presynaptic signals. These sort of sentences are throughout the book, making easy concepts difficult.

It only has strategies for the MCAT CARS. Mostly which are useless. I was hoping there would be practice in these books, but there really isn't. Also the first two chapters of every Princeton Review book is the exact same. Just tells you some bogus information about the MCAT 2015. If I were you, I'd just buy a different book.

Well first of all, after registering the book online I found that the three practice tests included are 2 unique tests plus the MCAT Demo test that the Princeton Review puts out for free on their website for anyone to try. Yes it is a full-length but I found it sort of gimmicky that they advertise the book as coming with 3 tests. Be sure to register online because there is content addendum to the last few chapters and a few errors that are corrected for. It's sort of inconvenient that 50 plus PDF pages of information that you need is not included in the book but at least they post it online for you. As someone else said, the first two chapters are basically a general intro to the MCAT which they stick into all of their books, but I have noticed other test prep books that do that as well. EDIT: Bumped up to 4 stars after using the book for a while. The content seems pretty good and thorough, it hits most of the points on the AAMC topic outline, and explains things clearly. Easy to read. There are questions throughout to help gauge understanding, and a few passages at the end of each chapter for practice which are decent. And even with only 2 practice tests, it's still good deal for the price.

I have this version, the ExamKrackers Psychology and Sociology, and the Kaplan text. I'd definitely recommend PR's version over the other 2 for this particular subject. Although PR can be quite wordy sometimes, I found that it was perfect for Psychology since there really isn't that much experimental or critical thinking material to internalize; it really is mostly just memorizing of terms. Also the extra tests included with this book make it an especially good deal if you need to supplement Exam Krackers (my original goal for this purchase). Would recommend.

I thought this had way too much information than you need to know. I liked EC sociology/psychology book better.

Okay book for the purpose of the MCAT, but lacks accuracy for some concepts.

Really hits all the objectives .. way better than Ek and Kaplan

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